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Chapters combine basic mechanistic knowledge with true applications; Topics covered include neuromuscular fatigue, neuromuscular training, and musculoskeletal loading, and special chapters examine recently developed research methodologies used during natural locomotion: high speed ultrasonography (US) and transmagnetic electrical stimulation (TMES).

An important addition to the reference collections of biomechanists, sports medicine specialists, sport scientists, and graduate students in these areas, this volume is also appropriate for advanced level coaches and sport physiotherapists.



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