

Tennis For The Rest Of Us: A Practical Guide For The New, Nearly New, Newly Frustrated Or Nearly Discouraged Tennis Player

Dave Kocak

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Tennis for the Rest of Us is a guide book for any new or inexperienced player, but with a lot to offer to more experienced players. Explaining why you are so bad in the beginning and why and how you'll get better, It offers hope in those frustrating early days in the sport. The book simply covers all the fundamental strokes and strategies for singles, doubles and mixed doubles. It also answers your questions on equipment, lessons, injuries, leagues, getting your kids involved, tennis pros, fashion and all in a humorous style that is informative while fun to read.



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