



Cancer as a Turning Point

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Given the undeniable reality of a cancer diagnosis, how can a person create joy, health, and hope? On *Cancer as a Turning Point, Volume II*, bestselling authors Jean Shinoda Bolen, M.D. (*Goddesses in Everywoman*), Oriah Mountain Dreamer (*The Invitation*), Lawrence LeShan (*Cancer as a Turning Point*), Martin Rossman, M.D. (*Fighting Cancer from Within*), Wayne Muller (*How, Then, Shall We Live?*), and others---many of whom are thriving after cancer diagnoses---reframe the healing process in a positive, creative, spiritual light. In 11 sessions, *Cancer As a Turning Point, Volume II* teaches life skills, such as the importance of humor and loving relationships, and specific techniques, informed by current research on diet, guided imagery, and the role of meditation in cancer treatment. Central to this collection is a revisioning of cancer as the wisdom disease---the illness that can teach us how to live.



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