



Tomiki Aikido (Randori and Koryu no Kata)

Lee Ah Loi

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By Nobuyoshi Higashi. #319. 7 X 10, 224 pages, paperback. ISBN #0-86568-144-9. This is the most comprehensive volume on this unique system of Aikido to date and will be of infinite value to everyone, from beginner to advanced practitioner.

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