



365 Ways to Power Up Your Life

Lilly White

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“This book is not only inspired, it’s a valuable life tool. I highly recommend adding this treasure to your book shelf.”

~ Caroline Myss, author of Sacred Contracts and Anatomy of the Spirit

When life is painful, you feel helpless, defeated, and empty. What if in those dark days, you could discover a power that will sustain you and bring you joy every day, no matter what the circumstances?

Lilly White encountered a three-year dark night of the soul which took her to her knees, where she only had one prayer, “Spirit, have me.” That simple prayer, led Lilly to a deep wisdom and an enduring joy, even when challenges occurred.

In this book, Lilly shares short daily inspirations designed to bring you peace, joy, and an unshakable faith. Spend a year with Lilly and find wellsprings of power to last your entire life.

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