



500 More Low-carb Recipes: All-new Recipes from Around the World

Dana Carpender

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Dana Carpender has done it again - 500 all-new recipes from snacks to desserts that the whole family will love! This time, Dana highlights world cuisines, including Italian, French, Chinese, Japanese, Greek, Mexican and other ethnic favourites. Most of these cuisines emphasise carbohydrates, whether it's rice, pasta or potatoes, but Dana has worked her magic to make delicious, simple low-carb versions that provide great alternatives to the world's most popular diet. Filled with a whole new batch of scrumptious low-carb menu suggestions, 500 More Low-Carb Recipes gives you a mind-boggling number of recipes to choose from, including: Cranberry Nut Bread; Beef in Coconut Sauce; Arugula-Cilantro Salad; Turkey Tetrazzini; Sherry-Sage Pork Steaks; Turkish Salad; Nut Butter Balls; Chocolate Raspberry Cheesecake



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From reader reviews:

Robert Young:

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Sandra Spier:

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Charlotte Lee:

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