



Family Therapy Basics (Marital, Couple, & Family Counseling)

Mark Worden

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This text provides readers with the critical link between theory and practice illustrating how to actually "do" family therapy. It is a nuts-and-bolts primer that takes students step-by-step through the process of conducting family therapy sessions. The book starts with the initial session and finishes with the terminating session covering assessment, diagnosis, skills and techniques needed throughout each stage. The case of the Martin family, a blended family, is followed throughout the treatment process.

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