



The Gutsy Girl: Escapades for Your Life of Epic Adventure

Caroline Paul

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Why should girls miss out on the joy of adventure? They can jump off rocks, swing on ropes, and climb trees just as well as boys can. But girls often allow fear to stand in their way.

In *The Gutsy Girl*, author Caroline Paul emboldens girls to seek out a life of exhilaration. Once a young scaredy-cat herself, Caroline decided that fear got in the way of the life she wanted--of excitement, confidence, self-reliance, friendship, and fun. She has since flown planes, rafted big rivers, climbed tall mountains, and fought fires as one of the first female firefighters in San Francisco. In *The Gutsy Girl*, she shares her greatest escapades as well as those of other girls and women from throughout history, and offers engaging activities such as confidence-building stances, creating a compass, positive self-talk, and using crickets to estimate outside temperatures. Each section includes a place for girls to "journal" their adventures, thus encouraging a new generation to develop a zest for challenges and a healthy relationship to risk. *The Gutsy Girl* is *Lean In* for young girls, a book about the glorious things that happen when you unshackle from fear and open up to exhilaration. Fully illustrated and enlivened throughout by bestselling illustrator Wendy MacNaughton's whimsical pen-and-ink drawings.

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A lot of people always spent their free time to vacation as well as go to the outside with them household or their friend. Were you aware? Many a lot of people spent they will free time just watching TV, or even playing video games all day long. If you wish to try to find a new activity this is look different you can read a book. It is really fun in your case. If you enjoy the book that you read you can spent 24 hours a day to reading a e-book. The book The Gutsy Girl: Escapades for Your Life of Epic Adventure it is extremely good to read. There are a lot of folks that recommended this book. These were enjoying reading this book. In the event you did not have enough space bringing this book you can buy the particular e-book. You can m0ore very easily to read this book from your smart phone. The price is not too costly but this book possesses high quality.

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