



My Gutsy Story Anthology: True Stories of Love, Courage and Adventure from Around the World (Volume 1)

Sonia Marsh (et al)

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Sonia Marsh, author of *Freeways to Flip-Flops: A Family's Year of Gutsy Living on a Tropical Island*, celebrates the gutsy in each of us with this collection of stories from 64 authors who found the courage to face their fears and live their dreams. What makes these stories unique is the authors' willingness to openly share the obstacles they surmounted, and the strength they developed to overcome doubt, fear, rejection, and grief. These stories of love, courage and adventure will inspire you to follow their lead and experience your own gutsy adventure. If one story speaks to you directly and results in a change in your own life, please e-mail Sonia Marsh directly at sonia@soniamarsh.com. As Sonia says, "My goal is to bring out the gutsy in you." Some take off for distant places, others dive into the deep. Many quit successful jobs to sail around the world, write a novel, or take on an inner challenge. This book is filled with tales from people who have decided to live their passion, act out their dreams, revisit the challenges of their youth. It's about conquering fears, taking risks, and learning to love the person you've become. Leap into this book. It'll be the first of some gutsy decisions you're sure to make. Rita Golden Gelman, *Tales of a Female Nomad*, *Living at Large in the World* Not only do the 64 provocative essays include inspirational stories of courage, emotional risk-taking and adventure, but also *My Gutsy Story* sheds new light on what it takes to step out of the ordinary to find happiness. Marybeth Bond, National Geographic Author, *Gutsy Women. Travel Advice, Inspiration. Stories.* --Marybeth Bond www.GutsyTraveler.com National Geographic Author, Blogger, Contributor to LA Times, USA Today, PBS, CNN By turns humorous, poignant, and surprising, the personal stories in *My Gutsy Anthology* are captivating and inspirational. This book is a must-read for anyone who has wondered whether or not to take a chance, make a leap, or follow their dreams. --Debra Ginsberg, Author of *Waiting and Raising Blaze: A Mother and Son's Long, Strange Journey into Autism*

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