



Getting Back to My Me

Norwood Young

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The true story of a former Star Search contestant, a man who seemingly had it all, living the lavish Hollywood lifestyle of a successful recording artist, European nightclub owner, reality show star, and Hollywood socialite, and reigning King of Hancock Park. Behind closed doors however, his life was empty and filled with pain, guilt, self destruction, self mutilation through plastic surgery, and shame. This must read takes us on a riveting and spiritual journey of stripping one's soul to the core through the survival of sexual and drug abuse, rehab, house arrest, and jail. This is a compelling and inspirational story of how to turn being a victim into being victorious.

The Biography of Norwood Young

Born in Ewing Township, New Jersey, Norwood Berry Young began singing at age six. At the age of 16, Norwood attended Notre Dame High School (a catholic school) in Lawrenceville N.J. He attended school with an upperclassman by the name of Star Jones! At same year, Norwood was offered a record deal with Philly World Records. He spent the year recording under the name "Norwood B." Norwood recorded his first dance single "You're On the One, You're On the Money." Norwood soon after signed his first album deal with major label, MCA/Magnolia records, where he recorded an album titled I Can't Let You Go! This album garnered major critical acclaim and was quite successful in the UK. Songs like the remake of "Time Be My Lover" (a classic by Harold Melvin and the Blue Notes) and "Shoulda Been Us Together" turned Norwood into a UK celebrity and are considered R&B classics! This album toured Norwood all over Europe, Japan, and even Lima, Peru where fans loved the music of "Norwood B." When Norwood returned to the states, he won the leading role of James "Under" Early in a production of Broadway's Dreamgirls. Shortly thereafter, Norwood got the role as the "pony-tailed preacher" in the off-Broadway smash hit musical Mama, I want to Sing, Part 2. Next, Norwood landed a part in the chorus of Broadway's, Don't Get God Started. In this production, a fellow chorus member was Patricia Heaton of Everybody Loves Raymond fame, now Norwood's neighbor in Los Angeles. Also in the play was Grammy award winning gospel singer, Donnie McClurkin, gospel legends, BeBe Winans and Vanessa Bell Armstrong. Norwood then received an offer to tour Germany, starring in a rock version of Bizet's Carmen. While in Germany, Norwood "sat in" and performed at the very famous China Club. Norwood loved Germany and the people so much, that he decided to open a nightclub of his own! Club Colage. This would prove to be a smart and lucrative investment for the young singer.

Today the infamous Youngwood Court Estate is both a landmark and tourist attraction. As of November 2008, change has come. Norwood Young was inducted King of Hancock Park by the prestigious LA City Beat publication where he received proclamations by Tom Labonge and Bernard Parks, city councilman, for his strength and refusal to be neglected his rights to freedom of speech and self expression.

With a heart for the less fortunate, in 2005 Norwood founded "Feed His People", a non-profit organization to feed the hungry. "Feed his People" anthem was recorded by Norwood and American idol runner up, "Trynce" and is the final track on the Just Norwood CD. Norwood has appeared weekly on television, starring in E! Network Television's hit reality series High Maintenance 90210. Currently Norwood can be seen on his website in an exciting and thought provoking reality series appropriately entitled, "JUST NORWOOD."

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