



Design for Nature in Dementia Care (Bradford Dementia Group Good Practice Guides)

Garuth Chalfont

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Maintaining a connection to nature is increasingly recognised as an important component of caring for a person with dementia. Design for Nature in Dementia Care provides comprehensive examples of ways to connect to nature through indoor and outdoor activities. The author describes a wide range of activities that offer a connection to nature, such as caring for house plants and pets, gardening and cooking, practising handicrafts and domestic chores. He suggests practical ways to incorporate nature into indoor and outdoor environments and also into the design of buildings and landscapes. These suggestions are drawn from interdisciplinary research in environmental psychology, neurology, architecture, nursing and dementia care practice. This book is a practical resource for care providers and design professionals who want to use nature to improve the lives of people with dementia.

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