



How ALS Changed Everything: Learning to Keep On Keepin' On

Jan Murray

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A family's journey through ALS/Amyotrophic Lateral Sclerosis, aka Lou Gehrig's Disease, taking the reader from shock and devastation to acceptance, hope and LIFE despite the terminal illness. "How ALS Changed Everything" follows the Murray family through everyday, real, raw experiences with ALS, its effects on them as individuals, their children, their marriage, and faith. The story immediately draws the reader into the Murray's lives and is a poignant tale of facing a monster of an illness, with little to no hope, with bravery, yet fear, and still coming out on top in happiness. Eleven other touching stories from ALS families from around the country are also included in the book. Inspiring. Heart wrenching. Compelling.



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