

# **Healthy Happy Pooch: Wisdom and Homemade Recipes to Give Your Dog a Healthy, Happy Life**

Sanae Suzuki

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## Healthy Happy Pooch: Wisdom and Homemade Recipes to Give Your Dog a Healthy, Happy Life

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### Healthy Happy Pooch: Wisdom and Homemade Recipes to Give Your Dog a Healthy, Happy Life Sanae Suzuki

Healthy Happy Pooch is the remarkable story of a woman and her dogs. Over the last 20 years, Sanae Suzuki has pulled herself back from the brink of death — twice—by using a healthy diet and a holistic lifestyle approach. During these periods of brave struggle, she pondered the idea that what was working for her might just work for her pooches. By feeding them human-grade, plant-based foods, she saw them recover from illness, become more vibrant, and live to ripe, old ages. Healthy Happy Pooch is their story. This book is immensely practical and includes over 50 recipes you can make for your pooches' dinner tonight, as well as tips on everything from supplements, to what kind food and household items to avoid, to flea shampoo. Healthy Happy Pooch is also a heart-expanding tale of dramatic healing, canine friendship, and a woman who has harnessed the power of nature.



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